

**COME ON**

**12 Reasons to be joyful, merry, & to laugh:**

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**GET HAPPY**

Come on, get happy!

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**Gen 17:17** Then Abraham fell on his face and laughed, and said in his heart, “Shall a child be born to a man who is one hundred years old?”

**Gen 21:6** And Sarah said, God has made me laugh, and all who hear will laugh with me.

**Job 5:22** You shall laugh at destruction and famine, And you shall not be afraid of the beasts of the earth.

**Job 8:21** He will yet fill your mouth with laughing, And your lips with rejoicing.

**Ps 5:11** But let all those rejoice who put their trust in You; Let them ever shout for joy, because You defend them; Let those also who love Your name Be joyful in You.

**Ps 13:5,6** But I have trusted in Your mercy; My heart shall rejoice in Your salvation. I will sing to the LORD, Because He has dealt bountifully with me.

**Ps 21:1** The king shall have joy in Your strength, O LORD; And in Your salvation how greatly shall he rejoice!

**Ps 33:1** Rejoice in the LORD, O you righteous! For praise from the upright is beautiful.

**Ps 63:7** Because You have been my help, Therefore in the shadow of Your wings I will rejoice.

**Ps 68:3** But let the righteous be glad; Let them rejoice before God; Yes, let them rejoice exceedingly.

**Ps 144:15** Happy are the people whose God is the LORD!

**Prov 15:13,15** A merry heart makes a cheerful countenance,.... But he who is of a merry heart has a continual feast.

**Prov 17:22** A merry heart does good, like medicine,

**Ecc 3:4** A time to weep, And a time to laugh; A time to mourn, And a time to dance;

**Ecc 10:19** A feast is made for laughter, And wine makes merry; But money answers everything.

**Jer 30:19** Then out of them shall proceed thanksgiving And the voice of those who make merry;

**Luke 6:21** Blessed are you who hunger now, For you shall be filled. Blessed are you who weep now, For you shall laugh.

**Luke 15:23,24,32** And bring the fatted calf here and kill it, and let us eat and be merry; for this my son was dead and is alive again; he was lost and is found.’ And they began to be merry. It was right that we should make merry and be glad, for your brother was dead and is alive again, and was lost and is found.’”

**Luke 10:20,21** Nevertheless do not rejoice in this, that the spirits are subject to you, but rather rejoice because your names are written in heaven. In that hour Jesus rejoiced in the Spirit....

**John 16:22** Therefore you now have sorrow; but I will see you again and your heart will rejoice, and your joy no one will take from you.

**Rom 12:15** Rejoice with those who rejoice, and weep with those who weep.

**Phil 4:4** Rejoice in the Lord always. Again I will say, rejoice!

**Luke 15:7,10** I say to you that likewise there will be more joy in heaven over one sinner who repents than over ninety-nine just persons who need no repentance. Likewise, I say to you, there is joy in the presence of the angels of God over one sinner who repents.”

### Reasons to be joyful, merry, & to laugh:

**1** It has therapeutic value for your mind, emotions, imaginations & body!

**2** It helps you to keep things in perspective!

**3** It helps you to lighten up & to not take yourself so seriously!

**4** It crushes depression off of you!

**5** It permits the joy of the Lord to be your strength! (Nehemiah 8/10)

**6** It enhances your personality!

**7** It feels good, it does good, & it is good!

**8** You're more enjoyable to be around!

**9** It improves your appearance!

**10** It turns a frown right-side up!

**11** It's a form of a 'lube job' for you!

**12** It makes your breath smell fresh! (just kidding)