

# One Thing Is Needful

Pastor Sandy Longgrear

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**Luke 10:38-42** Now as they went on their way, he entered a village; and a woman named Martha received him into her house. And she had a sister called MARY, WHO ALSO SAT AT JESUS' FEET AND HEARD HIS WORD. But Martha was distracted with much serving; and she went to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." But the Lord answered her. "Martha, Martha, you are anxious and troubled about many things; ONE THING IS NEEDFUL. Mary has chosen the GOOD PORTION, which shall not be taken away from her."

Jesus is the one who is talking here. The Living New Testament quotes Him saying, "There is really only one thing worth being concerned about. Mary has discovered it—and I won't take it away from her!" What is that one thing worth being concerned about that He is so adamant about? Can you hear it in His tone? Verse 39 says, "Her sister Mary sat on the floor, listening to Jesus as He talked." The Amplified says Mary seated herself at the Lord's feet and was listening to His teaching. And in verse 42 He answered Martha, "There is need of (but a few things, or) only one. Mary has chosen the good portion—that which is to advantage—which shall not be taken away from her."

Can't you just picture Mary and even the times Martha sat at our Jesus' feet. I can see their look of contentment and such sweet bliss as they beheld His smiling, comforting gaze and listened to His gentle, grace filled words of truth and peace. He's lovingly calling us to do the same. **Hebrews 4:16** says to come boldly to the throne of grace to receive mercy and find grace to help in our times of need. **Psalm 16:11** says in His presence is fullness of joy. Having those times of being enveloped in His loving presence and hearing His kind words earlier in the day always seems to bring the grace later in the day in those challenging and busy moments. Know what I mean? Oh He is so faithful to just show up and say, "Here I am. We can do this together." Oh thank you Jesus.

And Jesus said that good portion Mary chose of being with Him would not be taken away from Mary. What a promise! No one can love on you like Jesus does and no one can take His loving presence and words from you. Jesus truly is the answer to all we need. Jesus said it—only one thing is needful in life—which is time with Him. Let's trust Him. May you enjoy the fullness of joy of being in His loving presence today and always.

*Sandy Longgrear*  
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